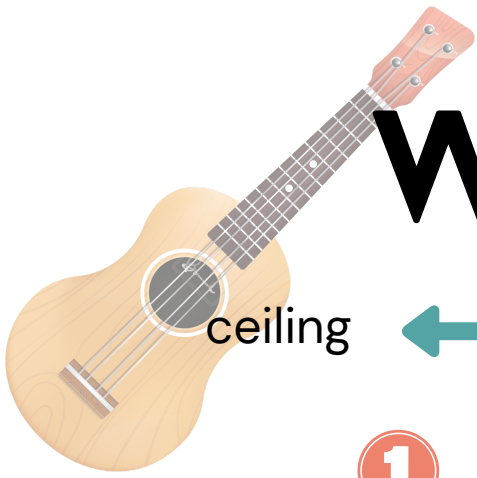
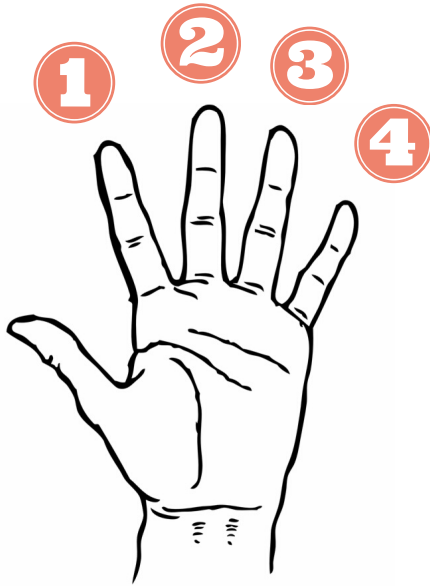


WEEK ONE

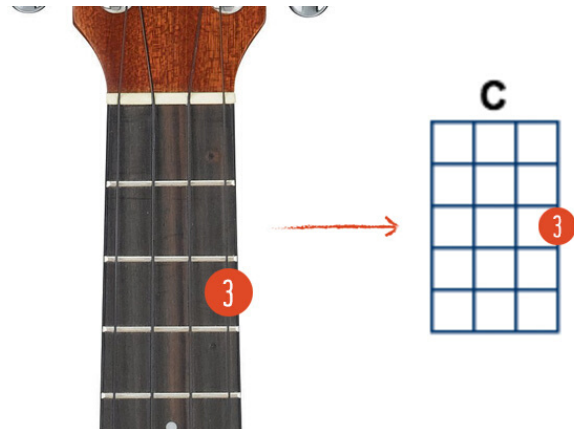


ceiling

floor

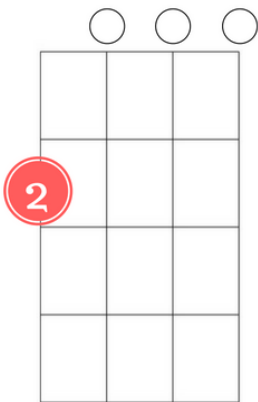


Left hand



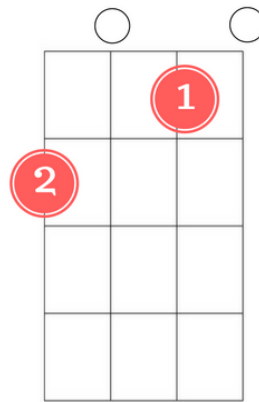
C chord

Am



Am Chord

F



F Chord